



Winter Newsletter



Inside this issue:

Successful Events	1
JJ Events	2
JJ Supporters	3
Thank you Corner	4



JJ Race Night



On Saturday 27th September everyone got together to enjoy the races. Jeremiah's Journey had it's second Race Night at the Mount Pleasant pub. With eight races to bet on, a raffle, an auction and a tasty curry, a fab night was had by all. Over £1000 was raised. A huge thank you to Mick McDonnell and the staff at the Mount Pleasant. A massive thank you to everyone who donated items for the Raffle and Auction and all who attended.

Toilet Cupboard News

We often have mad moments in our toilet cupboard and decide we need a new challenge. Our latest mad idea was to complete the Commando Challenge at Bicton, so we got a team together and booked ourselves in! The challenge was spread over three miles and consisted of dark tunnels, two smarties tubes, a sheep dip and many other scary things! As you can imagine we were covered in mud by the end but grinning from ear to ear! We got back in one piece and are now planning the next thing so watch this space! We hope you enjoy this newsletter and would love to hear from you with any ideas, stories or gossip for the next one!



Sarah & Joanne
Editors

Scary Salsa Party

This Halloween weekend we did something a bit different! We donned our Halloween outfits and went along to the Treasury Bar in the Plymouth City Centre for our second Salsa Party this year. Kevan (the devil) started the party off with a Salsa lesson, followed by lots of demonstrations throughout the evening. I must say it was very strange watching Zombies, Devils and Witches doing Salsa!!! We had a competition for the best fancy dress—Male & Female which was very difficult as everyone looked fab Joanne and I made great witches! The evening was a huge success raising over £600 for Jeremiah's Journey. A big thank you to: Kevan from Hot-Salsa for kindly organising and running the party free of charge, Ben Shearn for letting us have the Treasury free of charge, Cassandra Photography for taking some fantastic photos on the evening and a big thank you all those who attended! Watch this space for the next one!



Toy Sales

Over October and November we held two Toy Sales, one at the National Marine Aquarium and one at the DH&LC. Both were very successful and over £500 was raised. Thank you so much to the National Marine Aquarium and the DH&LC for letting us have the venues free of charge and for looking after us! Also, thank you to Sandra, Trish, Chris and Trudi for giving up their time to help out. All the toys were generously donated by various companies: St. Mellion, International, Tesco, Tone Leisure, Blue Mountain Family Chiropractic, Mail Boxes Etc, thank you so much.



Don't forget... save your used stamps over Christmas. Jeremiah's Journey can recycle them and receive a donation in exchange! So far we have raised £115!

COME ALONG TO ONE OF OUR EVENTS THIS YEAR

DATE	EVENT	VENUE	TIME	COST	NOTE
Fri 28th Nov	JJ Quiz Night	Mount Pleasant	7.30 for 8pm	£2 per person	Max of 6 per team
Thurs 4th Dec	Christmas Fashion Show & Casino Night	Royal Corinthian Yacht Club	7.30pm	£10	Includes buffet and glass of bubbly
Sat 6th Dec	JJ Christmas Party	Plymouth College	12 noon—2pm	Free	See attached flyer
Mon 15th Dec	Argyle Christmas Party	Home Park	1.30-3pm	Free	Only 10 places available
Now until the New Year	Sheila Cassidy's Art Exhibition	Eric Cowsill Solicitors, Lee Mill	N/A	Free	

Quiz Night

The JJ Quiz Night is back! On Friday 28th November we are holding a Quiz Night at the Mount Pleasant Pub. Doors open at 7.30pm, quiz starts at 8pm.

£2 per team, maximum of six per team.

Waitress service and delicious basket meals available.

Call the office on 763666 to book your place now!



Sheila Cassidy's Art Exhibition

Sheila Cassidy, Co-founder of Jeremiah's Journey has recently taken up painting. She is currently displaying her work at Eric Cowsill Solicitors at Lee Mill Industrial Estate, the exhibition is open to all and is free of charge.

Sheila is selling cards and postcards of eight of her paintings of which some of the profits will be donated to Jeremiah's Journey. Her bright and cheery paintings, mainly oil on canvas, including flowers, seagulls and sea views. Cards including envelopes £1.50, A5 postcards £2.

Why not pop in and have a look?



Sheila has also had a lovely print made into a card (right) which would make a perfect Christmas Card. The cards are 10 for £5 or £10 for 20, of which 50% will be donated to Jeremiah's Journey. To purchase, visit the exhibition or call the office on 01752 763666



What is your 2009 New Year's Resolution going to be?

Let me guess to get fit, lose weight and tone up, am I right? Well, why not sign yourself up to run the Plymouth Half Marathon next year to raise money for Jeremiah's Journey. That way you will achieve your New Year's Resolution and raise money for a worthy cause! (if I can do it anyone can!) The run is on Sunday 24th May and starts at 10am. Golden Bond places are £30 and there is no minimum sponsorship—we just ask you to raise what you can.

If you would like to take up the challenge and join the Jeremiah's Journey team of runners contact us in the office on 01752 763666 or info@jeremiahsjourney.org.uk



FAB JEREMIAH'S JOURNEY SUPPORTERS!

Jeremiah's Journey are very fortunate to have lots of people that support us:

The Hammacott Family On Saturday 25th October the Hammacott family held a tribute day in memory of their daughter Stephanie who died earlier this year. The event at the Merry Monk, Southway consisted of an afternoon of fun and games for the children including a bouncy castle, a visit from a police car, dressing-up boxes and a colouring competition, as well as an evening for the adults which included an auction, a raffle and live entertainment. The evening was a huge success with hundreds of people turning up to show their support. The event raised a whopping £8410! Jeremiah's Journey would like to say a huge thank you to the Hammacotts and Karen Sharpe for all the hard work they put in to the event, The Merry Monk Pub, the Plymouth Sound Black Thunder crew and everyone who supported the event either by making a donation, attending or donating a prize!



Hemsley Fraser Staff at Hemsley Fraser in Saltash held various fundraising events in memory of their colleague and friend Andrew Piper, who recently died. Part of the fundraising involved holding a charity auction and raffle. They also had an 'Andy Piper' day where everyone did things Andy loved to, including going out to buy a pasty at 10am—Andy's ritual on a Friday morning. They all agreed that Andy would have been proud of their efforts. With the generous donations from employees, Hemsley Fraser and their parent company, Demos, a fantastic total of **£5000** was given to Jeremiah's Journey, a charity that both Andy and his mum, Annie, supported. Jeremiah's Journey would like to say a big thank you to: all the staff at Hemsley Fraser, including the 45 staff in the firm's London office and workers in the USA; all the companies that very generously donated prizes; and Andy's mum, Annie, for her continued support.

hemsleyfraser

Concept Staffing Carol Cooke from Concept Staffing decided to organise a glittering event in memory of her sister. The Gift & Glamour evening was hosted at the Jury's Inn to coincide with their first Birthday. More than 130 guests attended in their best ball gowns (or tuxedos!) to sample the delights of the ten different themed rooms - including a casino, an art exhibition, and Nintendo Wii room. There were lots of lovely items to buy and a silent auction with prizes donated by local businesses. A big thank you to Carol and everyone at Concept Staffing for organising the event, Richard and the staff at Jury's Inn for generously providing: the venue free of charge; the delicious buffet and welcome drinks. Thank you also to everyone who donated prizes and attended the event.



JURYS
Inn

HMS Somerset The Petty Officers Mess onboard HMS Somerset, a Devonport-based frigate, decided to run 4,750 miles whilst on their deployment, to raise money for Jeremiah's Journey. The crew took it in turns to do laps around the deck or on a treadmill throughout their days and nights onboard. They raised a fantastic £2200! A big thank you to all onboard HMS Somerset.





Thank you Corner



A huge thank you to the following for their generous donations and support :

- | | | |
|----------------------------|------|---|
| • First Assist Plymouth | £180 | • Everyone who helped with the Toy Sale at the National Marine Aquarium |
| • Queen's Dock Inn | £110 | • All those who helped with the Toy Sale at the DH&LC |
| • Mr & Mrs Betty | £465 | • Everyone who helped with the Motorbike Ride-out |
| • Ken & Bronwen Speare | £567 | • Anyone and everyone who has donated items for our charity shops |
| • Plymouth Motorcycle Club | £457 | |
| • Crebers of Tavistock | £734 | |
| • Rame Gig Club | £674 | |

A big thank you to everyone who has supported Jeremiah's Journey recently in any way!

Also, a huge huge thank you to Maggie, Lorna and all the volunteers at our charity shops for their consistent hard work and support.

Without you we wouldn't be able to run the shops!

Coming up in the next newsletter.....

News on our Quiz Night and Christmas Party, a feature on some of our fab Jeremiah's Journey supporters, more news from the Toilet Cupboard and lots more.

Maggie Says....

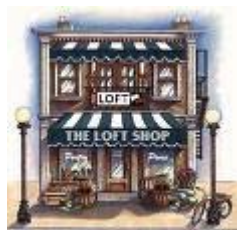
Christmas is coming, why not clear some space for all those lovely Xmas pressies you are about to receive? Bring any unwanted clothes, books, toys etc to one of our charity shops. We are always very grateful for good quality donations. Or if you have a couple of hours to spare each week why not become a JJ volunteer?

Call Maggie on:

01752 500633 on Mon, Tues, Weds

or

01752 567640 on Fri or Sat



Jeremiah's Journey Contact Details:

Office

Jeremiah's Journey, The Mustard Tree,
Macmillan Centre, Level 3, Derriford Hospital,
Plymouth PL6 8DH

Tel: (01752) 763666

Charity shops

5 Devonport Road, Stoke, Plymouth PL3 4DJ

Tel: (01752) 500633

23 Marlborough Street, Plymouth, PL1 4AW

Tel: (01752) 567640